

Ages 11-12 Youth Basketball Schedule

Mecklenburg County Youth Sports Philosophy

To provide an environment for children to learn the fundamentals of sport while emphasizing the importance of teamwork, sportsmanship, physical fitness and fair play.

*Mecklenburg County has a **Zero Tolerance Policy** for coaches, participants, parents and spectators with regard to misconduct and/or inappropriate behavior.

The <u>Youth Sports Information and Inclement Weather Hotline (704) 432-3834</u> will be updated on Friday evenings by 5:00pm and on Saturday mornings by 8:00am.

INFORMATION

 $\label{league Rules} \textbf{League Rules} - \textbf{Can be located at } \underline{www.ParkandRec.com} \ \ \textbf{on the youth basketball web page} \\ \underline{\text{http://charmeck.org/mecklenburg/county/ParkandRec/Athletics/YouthAthletics/Pages/Basketball.aspx}} \\ \textbf{Mathematical Pages Basketball.aspx} \\ \textbf{Mathematical$

Please be sure that you have read and understand our rules and code of conduct.

Tom Sykes Recreation Center - (980-314-1113) 1501 Euclid Ave, 28203

HG Foster
 BW Lopez Challengers
 SV G-Force

3. BW Davis Warriors 6. TS Avengers

Date	Age	Location	Time	Home Team	Away Team
5-Jan	12U	Tom Sykes	9:30am	HG Foster	BW Lopez Challengers
5-Jan	12U	Tom Sykes	10:30am	BW Davis Warriors	WG Comets
5-Jan	12U	Tom Sykes	11:30am	SV G-Force	TS Avengers
12-Jan	12U	Tom Sykes	9:30am	BW Davis Warriors	SV G-Force
12-Jan	12U	Tom Sykes	10:30am	TS Avengers	HG Foster
12-Jan	12U	Tom Sykes	11:30am	BW Lopez Challengers	WG Comets
19-Jan	12U	Tom Sykes	9:30am	TS Avengers	BW Davis Warriors
19-Jan	12U	Tom Sykes	10:30am	SV G-Force	BW Lopez Challengers
19-Jan	12U	Tom Sykes	11:30am	WG Comets	HG Foster
26-Jan	12U	Tom Sykes	9:30am	SV G-Force	WG Comets
26-Jan	12U	Tom Sykes	10:30am	BW Lopez Challengers	TS Avengers
26-Jan	12U	Tom Sykes	11:30am	HG Fosters	BW Davis Warriors
2-Feb	12U	Tom Sykes	9:30am	WG Comets	TS Avengers
2-Feb	12U	Tom Sykes	10:30am	HG Foster	SV G-Force
2-Feb	12U	Tom Sykes	11:30am	BW Davis Warriors	BW Lopez Challengers
9-Feb	12U	Tom Sykes	9:30am	BW Lopez Challengers	HG Foster
9-Feb	12U	Tom Sykes	10:30am	WG Comets	BW Davis Warriors
9-Feb	12U	Tom Sykes	11:30am	TS Avengers	SV G-Force



Quick Nutrition Tips: Before game

"Parents rushing to a game, try dry cereal with fruit for your child pregame snack to get ready for competition." Fast Food Option
Chick-fil-A grilled chicken nugget and fruit cup (1 hour before)

After game

Parents, try turkey sandwich with baked chips to refuel your child and to be ready for the next day."

Fast Food Option:

Subway 6" turkey breast sub with fruit

Upcoming Spring Youth Sports:

Baseball and track & field registration begin in February. For more information please contact your nearest Recreation Center or contact the Sports & Fitness staff on 980-314-1116 or email

YouthSports@MecklenburgCountyNC.go

Adult Sports:

Mecklenburg County Park and Recreation also provides recreational and competitive Adult Sports programs. Registration for spring programs begin in February. For more information please contact AdultSports@MecklenburgCountyNC.gov or visit our website at www.parkandrec.com